

## The Accessibility and Disability Resource Centre Newsletter: December 2022

Dear Students,

We hope you are looking forward to a break over the holiday period.

If you are planning on spending time in Cambridge, please take a look at the excellent annual [Cambridge Student Union Activity Guide](#) which contains information about things to do in Cambridge, including activities provided by students for students.

Please be aware of the University's [Student Support](#) pages. It contains a comprehensive guide to support that is available to you.

Our service will be closed after Friday 23<sup>rd</sup> December and will reopen on Tuesday 3<sup>rd</sup> January. If you would like to discuss your access requirements with a disability adviser, appointments in January can be booked [on Moodle](#). Please let us know if you have any problems when booking.

Please find below news and opportunities that may be of interest to you.

Very best wishes,

From us all at the ADRC.

[disability@admin.cam.ac.uk](mailto:disability@admin.cam.ac.uk)

We are based at the [Student Services Centre](#) and open Monday to Thursday 9am to 5pm, Friday 9am to 4pm.



Figure 1: Front of [the Student Services Centre](#) where the ADRC is based

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## Message from the Student Advice Service about University staff strikes

Are you worried that the strikes may impact your studies? If so, the Student Advice Service can help explore your options in a confidential, impartial space. We listen to your concerns, guide you through the available options and help you to take them forward should you wish to do so. [Request an appointment to speak with an Advisor](#).

## Electronic and audio books and journals: a training session from the Libraries Accessibility Service

Do you recognise any of these issues when using library resources?

- I need an electronic book, but the library only has physical copies
- Some eBooks don't work well with my assistive technology
- I wish I could listen to audio versions of books and articles
- I struggle when I can't download electronic books
- I'd like to know more about the copyright exception for disabled people

If any of this sounds familiar, please come along to one of two online training sessions (MS Teams) delivered by the Libraries Accessibility Service next term:

- [Tuesday 24th January 2.30pm - 4pm](#)
- [Wednesday 25th January 10.30am -12pm](#)

The training will focus on electronic and audio resources and will cover resources available to all students as well as adjustments for disabled students. It is aimed at disabled students at any level of study.

There's no need to sign up in advance – just note the date, time and Teams link above for the session you want to attend. If you have any questions or would like to have the slides beforehand, please contact: [disability@lib.cam.ac.uk](mailto:disability@lib.cam.ac.uk)

We plan to record one of the sessions (presentation part only) and make it available afterwards.

## Participants needed for dissertation project on dyslexia

“I am a 3rd-year education undergraduate currently recruiting participants to be interviewed for a dissertation project investigating academic self-esteem and dyslexia. If anyone can help, is diagnosed with dyslexia and is happy to be interviewed please email me. Interviews should take between 30 mins and an hour and can be either in person or online, whatever is easiest for participants.”

Emily Nixon, University of Cambridge: [ejn43@cam.ac.uk](mailto:ejn43@cam.ac.uk).

## Participants needed for undergraduate student survey

“We are inviting university undergraduates with and without autism to [take part in a survey](#) about their mental health, and we were hoping that you would share details of our survey with undergraduate students in your network.

Taking part involves completing an online survey, which will take up to 60 minutes. We would like students to complete our survey twice (now and again after 4-months). All participant information will be kept confidential.”

Hatice Gundeslioglu, University of Warwick: [Hatice.gundeslioglu@warwick.ac.uk](mailto:Hatice.gundeslioglu@warwick.ac.uk)

## Participants needed for research project on the lived experiences of PhD students in life sciences

Researchers at the University of Oxford and collaborators are undertaking a research project focused on the lived experience of disabled PhD students in life sciences. They require [participants for their confidential survey](#). They hope this will help inform good practice and awareness of challenges to improve the educational experience for disabled students.

## Careers workshop for autistic students

The [Careers Service](#) - in collaboration with the ADRC - is running a series of three workshops for students with autism or who identify with autism, which are designed to guide and enable undergraduate and post-graduate students with the transition into employment and future careers.

The workshops start on 6th December 2022, with subsequent sessions in January and February 2023. It is open to autistic students across all academic disciplines and colleges.

If you're interested in attending please find more details below, including how to book.

- Workshop 1 - Tuesday 6th December, 3 – 5pm  
Recognizing skills and presenting them in a CV and Cover Letter.
- Workshop 2 - Tuesday 10th January, 3 – 5pm  
Understanding the recruitment process (interviews/assessment centres) and access arrangements.
- Workshop 3 - Tuesday 14th February, 3 – 5pm  
Talking about your profile with employers and adjustments in the workplace.

All the workshops will take place online via MS Teams and once registered you will be sent a workshop link. You are welcome to have your camera on or off and to ask questions in the chat or by using the 'hand-up' function.

To book a place: Please email the ADRC ([disability@admin.cam.ac.uk](mailto:disability@admin.cam.ac.uk)) by Sunday 4<sup>th</sup> December with the following details:

- Which workshop/s you'd like to attend (we recommend all in the series)
- Your name, subject and year of study

- Any access arrangements you required If you book and then find you're not able to attend please can you let the ADRC know so we know who to expect.

If you have any questions, please don't hesitate to ask.

## Mobility scooter now available at Wandlebury Country Park

[Wandlebury Country Park](#) – on the Gog Magog Hills at the edge of Cambridge – now has an [off-road mobility scooter available for free hire](#).

**Thank you for reading our newsletter. Please let us know if you have any feedback or suggestions: [disability@admin.cam.ac.uk](mailto:disability@admin.cam.ac.uk)**

*Please note: The ADRC newsletter contains content which has been sent to us from other parts of the University and also external contacts. Inclusion within the newsletter does not necessarily imply a recommendation from the ADRC or responsibility for the content.*

*If you do not want to receive general information emails - such as this one - from us, please respond to this email with your request.*



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CAMBRIDGE**

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