

The Accessibility & Disability Resource Centre Newsletter: October 2022

Dear Students,

We hope you have enjoyed a pleasant summer!

We will send you our newsletter two or three times each term. It contains updates on our and other University of Cambridge services, as well as general news and opportunities that may interest you.

We are here to help, so if you have questions about your access requirements – now or later in your studies – there are numerous ways to get in touch with us:

- By email: disability@admin.cam.ac.uk
- In-person at the [Student Services Centre](#)
- By completing our [Student Information Form](#)

Best wishes,

The Accessibility & Disability Resource Centre (ADRC) Team



Figure 1 [Student Services Centre](#) where the ADRC is based

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Change of our name from October 1st 2022

From October 1st, we are the Accessibility & Disability Resource Centre (ADRC).

The change from Disability Resource Centre (DRC) is designed to reflect more closely the remit of the ADRC and the importance of accessibility and inclusive design in reducing the number of individual adjustments required for disabled students.

Also, after consultation with students and staff, and the fact that a significant minority of students who access the service do not self-identify with the term disability (recognising that many do), the name change better reflects the preferences of the community which the ADRC serves.

Our ASC peer meet-up group

The meet-ups take place every Thursday during term time, 1-2pm. The group is open to undergraduate and postgraduate students with autism (diagnosed or undiagnosed).

New members are welcome to join at any time and you can come along whenever you're available. The meetings are held online via MS Teams. If you'd like to attend please contact us to let us know, and we will send you a MS Teams link.

For more information: [Student Led Social Groups | Accessibility and Disability Resource Centre \(cam.ac.uk\)](#)

The University Counselling Service: One At A Time Therapy (OAATT), and workshops and groups in Michaelmas Term

The University Counselling Service has introduced One At A Time Therapy (OAATT), which aims to provide therapeutic support at the point of need, rather than having to wait. Students only need to make one referral per academic year to access the service and after their initial OAATT, if they need any follow up appointments, then these can be made by contacting their counsellor directly or through counselling reception. Please visit the UCS website for further information: [University Counselling Service | Student Counselling \(cam.ac.uk\)](#)

We are also running various workshops and groups for students during Michaelmas term, which can be found here: [About Groups and Workshops | University Counselling Service \(cam.ac.uk\)](#)

Introduction to the Libraries Accessibility Service

A big hello from Patrick Dowson and Lindsay Jones at the Libraries Accessibility Service. We are here to help make libraries and library resources more accessible to you. Amongst other things, we can help with:

- Providing electronic versions of readings that are compatible with your assistive tech
- [RNIB Bookshare](#) accounts
- Arranging one-to-one library tours and inductions
- Advice on book fetching and borrowing
- Advice on physical library spaces and access

Find out more in the [Cambridge libraries: accessibility & disability LibGuide](#).

Some key links:

- [Click and Collect at the University Library \(UL\)](#)
Order UL books for collection from just inside the entrance.
- [Scan and Deliver](#)
Order scans from books and journals, within copyright limits. If you need a whole book scanning because of your disability, please contact disability@lib.cam.ac.uk.
- [Booking form for University Library Assistive Technology room](#)
Private room, bookable by students registered with the Accessibility & Disability Resource Centre. Contains a PC running Dragon Professional Speech to Text, Dolphin Supernova and Dolphin EasyReader. Email disability@lib.cam.ac.uk for PC access and use the above link to book the room.
- [Booking form for University Library single study rooms](#)
Two private rooms bookable by any library user. Study Room 2 also contains a PC with assistive technology on it (see above).

If you have any questions, you can email disability@lib.cam.ac.uk. You can also contact our individual email addresses: Patrick (pgd35@cam.ac.uk) and Lindsay (lj311@cam.ac.uk).

Welcome to the Student Advice Service

The Student Advice Service would like to wish you a warm welcome to the start of Michaelmas Term 2022. Whilst we hope your time at Cambridge will be an enjoyable experience if at any point you have any questions or issues, from academic to welfare-related concerns, do feel free to contact us to see how we can assist.

We are provided by the Cambridge SU and offer free, confidential and independent support to all students at Cambridge University. You can contact us with any questions or arrange an appointment to speak with one of our Advisors by emailing us at:

advice@cambridgesu.co.uk or [visiting our website](#).

This time of year we thought you may find helpful our [Finance section](#) where you can explore information on funding options, financial assistance for disabled students, saving tips and much more.

The Careers Service: support for disabled students

Doing a little career planning regularly over time saves you time in the long run. The Careers Service is here to support you when you're ready:

[Careers Service webpages about disability](#) - advice about adjustments, talking to employers about disability and further resources.

[Careers Service newsletters \(disability\)](#) – Sign up to receive information about careers and disability: disability relevant blogs, events, employers, graduate schemes. You can unsubscribe at any time by just unticking your options on the same webpage.

Careers Events - We have a wide programme of both live and virtual events listed on Handshake, our careers platform. [See Handshake Events for the full programme](#).

Please do let us know in advance if you need any adjustments for events - enquiries@careers.cam.ac.uk

This term all our main Careers Fairs are held both virtually and in person.

The first disability relevant events of the term are:

Wednesday 12 October – [Approaching psychometric and non-psychometric assessments for disabled students](#)

Monday 17 October – [Talking about Disability with Employers](#)

Wednesday 26 October - [Investing in Talent](#) – MyPlusConsulting event about Banking, Finance and Technology careers for students with disabilities and health conditions. (applications to attend this virtual event close 21 October)

Meeting a Careers Consultant – our friendly team of Careers Consultants are all experienced in supporting students and alumni with disabilities. In addition to our usual bookable appointments, each term there are appointments which are ring fenced for

discussions about disclosure, adjustments and career choice and disability. Sign up to the newsletters above for notification about these.

Disability relevant internships and graduate schemes - Some opportunities are specifically designed to encourage disabled people to apply. See [Handshake jobs](#).

If you need any assistance in navigating our Careers Platform, Handshake, please do ask for help from our friendly Information Team – enquiries@careers.cam.ac.uk

Dyslexia research studies: participants needed (reward offered)

Study 1: Study investigating neural mechanisms in dyslexia

We are looking for native English-speakers, 18 – 40 years, with a diagnosis of developmental dyslexia to take part in studies being run at the Centre for Neuroscience in Education, Department of Psychology, Downing Site. Our studies pay £10 an hour! We are looking at how people with dyslexia perceive speech and also rhythmic sounds.

As a participant you will be asked to listen to a range of speech (e.g. stories, phrases) and other sounds (e.g. repeated syllables) and in some tasks to make judgements about what you hear. In addition, you will be asked to complete some reading, spelling and general cognitive tasks. The study will take about 2.5 hours, and will take place at the Centre for Neuroscience in Education, Craik Marshall building, Downing Site. You will be paid at least £25 for your participation.

For more information, or to volunteer, please contact: Mahmoud Keshavarzi:
mk919@cam.ac.uk

Study 2: Study investigating brain-computer interface interventions and dyslexia

- Are you a native English speaker, 18-40 years old, normal or corrected to normal vision and no hearing problems?
- Have you been diagnosed with dyslexia OR do you want to be part of a control group of neurotypical participants?
- Do you want to play a Brain-Computer Interface game once a day for around an hour over a course of 2 weeks (excluding weekends) with the opportunity to earn up to £100?
- The game involves controlling a moving visual display with your brain!

We are looking for participants! If you fit in the criteria above, get in touch. This study will be conducted at the Department of Psychology, University of Cambridge, Downing Street, Cambridge, CB2 3EB.

For information please email: João Araújo: ja683@cam.ac.uk

News articles that may be of interest

[“The long-misdiagnosed student heading to Cambridge to study medicine”](#) BBC News, Thursday 29th September.

Thank you for reading our newsletter. Please let us know if you have any feedback or suggestions: disability@admin.cam.ac.uk

Please note: The ADRC newsletter contains content which has been sent to us from other parts of the University and also external contacts. Inclusion within the newsletter does not necessarily imply a recommendation from the ADRC or responsibility for the content.

If you do not want to receive general information emails - such as this one - from us, please respond to this email with your request.

Students featured in the newsletter have given their consent to be included.