

Disability Resource Centre Newsletter – March 2022

Dear Students,

As Lent Term comes to an end, we hope that you are able to enjoy some rest and relaxation over the holidays.

Please contact the DRC during the Easter break if you have any questions or concerns about your access requirements. You can either email us or [book an appointment on Moodle](#) to meet with your Disability Adviser. Appointments for Easter Term will be available from next week.

We are pleased to announce that the Charlie Bayne Travel Trust will resume this year. The trust was set up in memory of Charlie Bayne (1965-90) who spent four years as an undergraduate student at Trinity College. Charlie was an enthusiastic traveller, and the trust has been created to help other disabled students at Cambridge enjoy the benefits of travel.

The trust offers grants to disabled students in Cambridge – at the University of Cambridge or Anglia Ruskin University – who face extra costs in travelling because of a disability. The grants are for travel for educational purposes or interest.

We will be back in contact in early April with information on the application process.

Best wishes,

The DRC Team



The main entrance to the DRC & Student Services Centre

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End of term message from the Student Advice Service

The Student Advice Service is open during the Easter vacation for all Cambridge students. You can come to us for any questions or concerns you might have - this could be to discuss exam worries, exam access arrangements or intermission.

With exams fast approaching, we are working on developing a package of student resources to help you navigate exam-related information such as:

- Tips to help you de-stress before the test and guidance on what to do if things go wrong before or during the exam
- Flowchart for processes on exam-related issues that can help you identify the options available to you
- Our Guides to Examination Allowances and the Examination Review Procedure
- Guide on Medical Evidence

[These resources can be accessed on our website](#). We are developing even more resources to help you access the information you need independently. Our Advisors will be happy to provide further information and individual support should you need it.

[You can contact us via the Cambridge SU web forms](#) and we will be happy to offer you an appointment over the phone, on Zoom, Skype or Teams.

MyPlus Professionals jobs board featuring job opportunities with disability confident employers

We are delighted to launch our [MyPlus Professionals jobs board](#) featuring job opportunities with disability confident employers.

The jobs featured on this job board will be both direct entry roles and roles for professionals / experienced hire.

For the last 8 years the [MyPlus Students' Club website](#) has advertised internships, placements, and graduate roles with some of the UK's top employers. We have now extended our service to support individuals as progress your career and seek new opportunities with disability confident employers.

Since the [Professional Jobs board](#) has only just been launched there are a limited number of jobs on the site however new jobs are being added all of the time so please do keep checking back.

[Participants wanted to complete survey on the potential use of music to aid students with study](#)

Lizzie Robbing, PG student at the University of Cambridge:

"I'm doing a final-year dissertation exploring the potential use of music to aid students with study. I'm looking for Cambridge students (both *with* and *without* ADHD) [to fill out my questionnaire](#). It should take about 5 minutes and I would be very grateful. Thanks!"

[Disabled Students UK report on survey asking disabled students about their experiences of Higher Education during the pandemic](#)

A year into the pandemic, Disabled Students UK sent out a survey asking disabled students about their experiences of Higher Education during this period. We gathered the voices of more than 300 students – painting a picture of a tumultuous time.

We asked students:

"What lessons do you hope that your university learns from the pandemic to become more accessible moving forward?"

From the answers we created the report [Going Back is Not a Choice – Accessibility Lessons for Higher Education](#).

[Launch event by AccessAble of 200 detailed access guides for 16 Cambridge Colleges](#)

AccessAble has created over 200 Detailed Access Guides [across 16 different Cambridge Colleges](#).

They are 100% facts, figures, and photographs and give you useful information to work out if somewhere is going to be accessible to you. You can check out everything from parking to hearing loops, walking distances to accessible toilets.

The launch event will take place at the Student Services Centre on Wednesday 23 March at 4pm. [Please see our information page if you would like to register for the event](#).

[Participants wanted for research study examining the everyday experiences of students with autism spectrum conditions](#)

Sherita Tam, PhD student at the Department of Sociology:

“I am a doctoral student at the Sociology Department, University of Cambridge.

I am currently looking for participants with ASC to take part in my sociological research, which examines experiences of digital self-tracking in everyday life (e.g., tracking sleep patterns, mood changes, time use, etcetera, to gather and evaluate personal activities by using digital technologies), the lived reality of living a life with autism and the idea of neurodiversity.

Outcomes of this research will contribute insights to interest groups who strive to provide better support for people with autism. You will be given a £10 Amazon voucher as an appreciation for your time and contribution.

The study will involve an online interview which shall last up to 60 minutes via Zoom or Microsoft Teams at a time of your convenience. The interview setting will be adjusted to serve individual needs and preferences. Participants of all genders with the following criteria are welcomed to take part: - Clinically diagnosed and/or self-identified with ASC - Aged 18 or above - Have experience in using digital self-tracking technologies, wearables and/or apps for personal and/or clinical purposes

Participation in this research is voluntary. You will be provided with a participant information sheet and a consent form before the interview. This project has been ethically approved by the Cambridge Sociology Department's Ethics Committee.

All data will be strictly anonymised and protected. If you are interested in participating or have any questions, please contact me at wmst2@cam.ac.uk Thank you for your consideration.”

Please note: The DRC newsletter contains content which has been sent to us from other parts of the University and also external contacts. Inclusion within the newsletter does not necessarily imply a recommendation from the DRC or responsibility for the content.